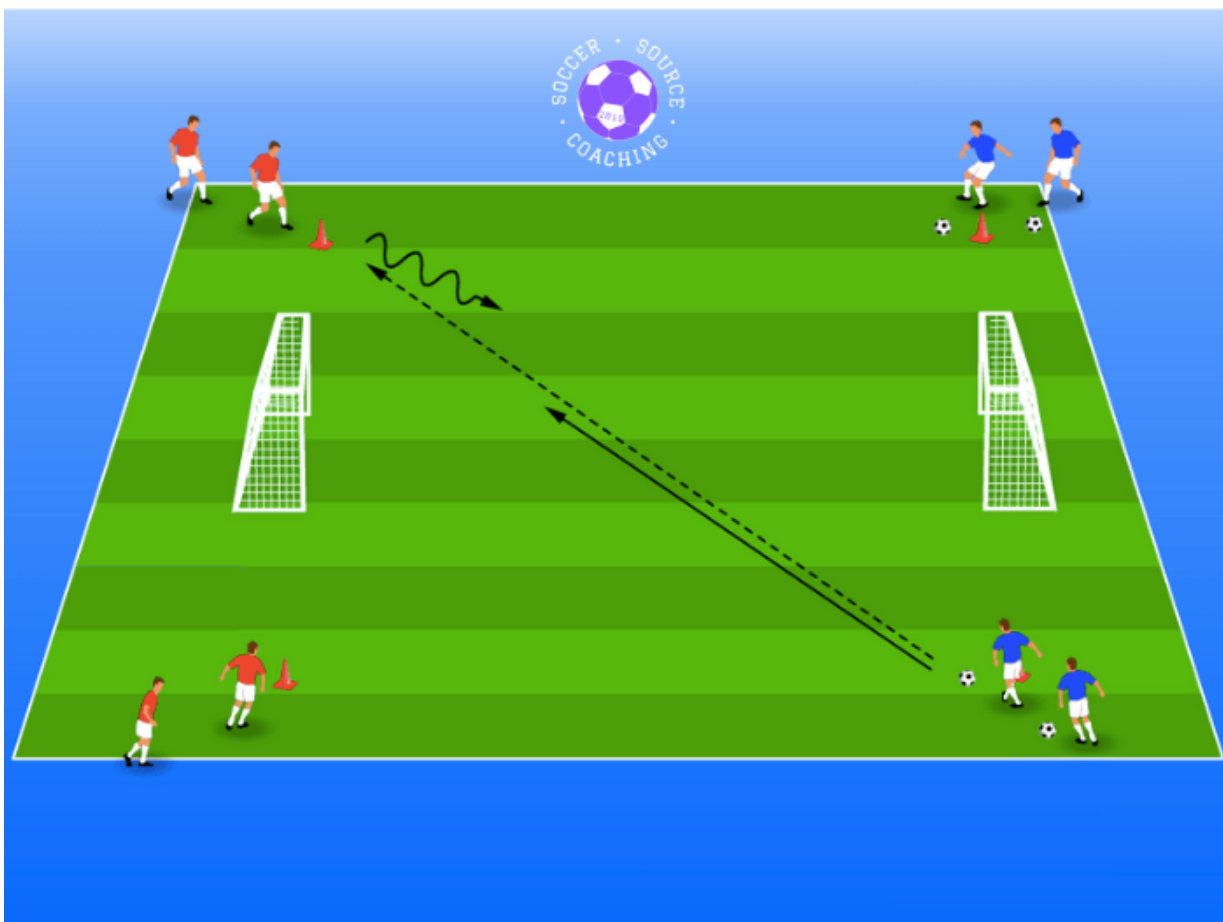


# 1v1 Shooting and finishing Drill



## How it works

The attackers will start with the ball and pass the ball to the attacker diagonally across from them, this will then become 1v1.

Both players will go at the same time

If the attacker can score they will get 3 points, however, if the defender can steal the ball they can score in the opposite goal for 1 point.

Each round will last 3 minutes.

There will be 4 rounds so every team gets a chance to score and pass from different positions.

## Purpose

The purpose of this drill is to improve shooting when players are attacking from wide areas

## Set up

- 2 Goals
- At least 1 soccer per 2 players
- 15 x 20-yard area
- 2 teams of 4

## Coaching points

- Be confident when dribbling towards the goal
- Use a skill that will enable you to take shot by cutting inside or going outside
- Keep your head up so you know where the defender and the goal are

## Questions

- What should be thinking about as soon as we receive the ball?
- What can I use to create space for myself?
- How do I know where the defender and goal are?

**Intermediate**