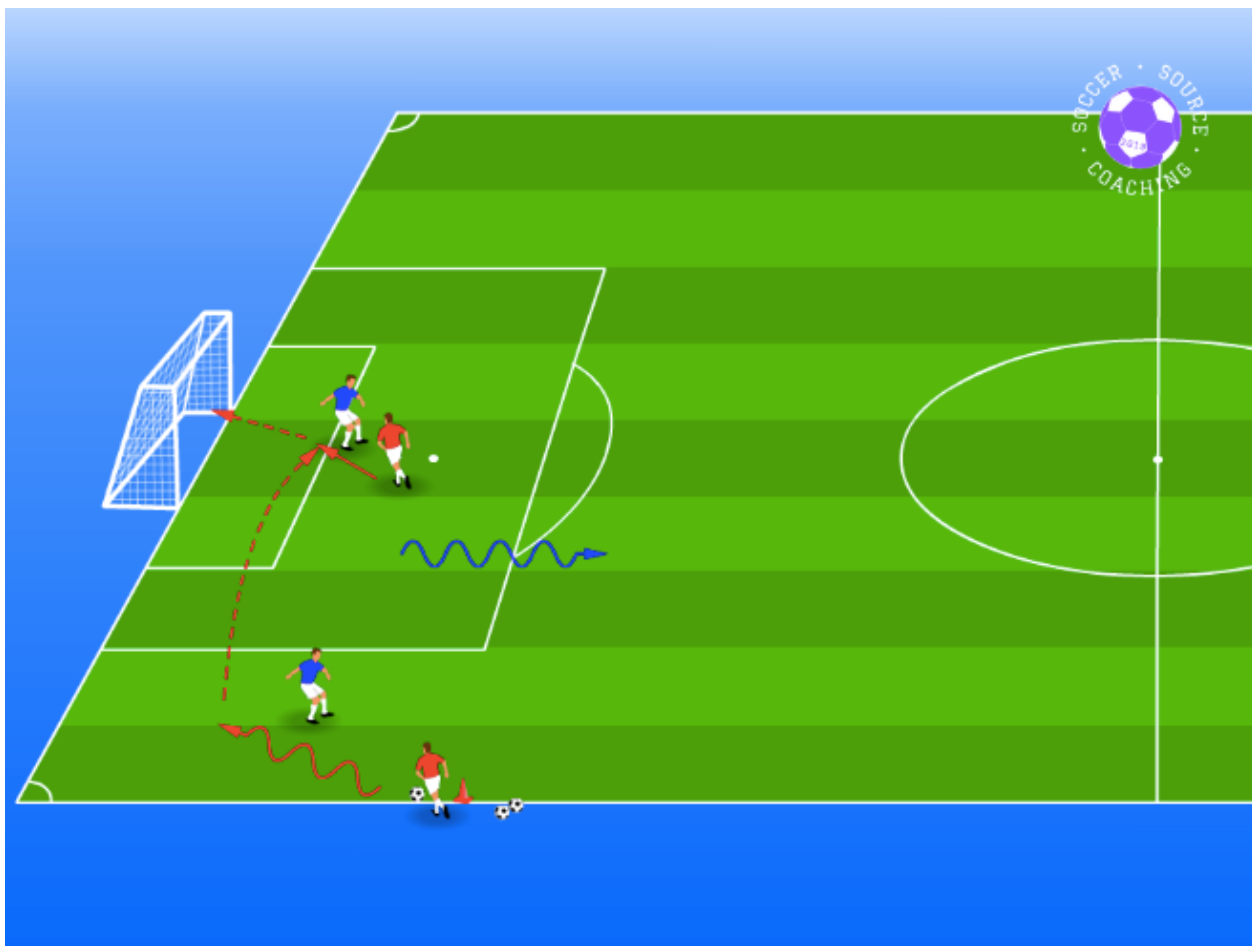


2v2 crossing and finishing soccer drill



How it works

As soon as the wide player dribbles into play the defender can begin to pressure.

The phase of play comes to an end if the ball goes out of bounds, if a goal is scored or if the defender dribbles past the line that the wide player started on.

If the striker is able to score with a first finish the goal will be worth 3. If they score a goal it will just be worth 1 goal.

If the defending team can dribble past the cone the wide player started on they will get 1 point.

Coaching points

- Create space for yourself, the first movement should be away from the space the second movement toward the space
- Communicated with your wide player and let them know where you want the cross played
- Time your run and keep your eye on the ball

Questions

- How can you create space for yourself?
- How can you help your wide player know where to put the cross?
- What should you be doing as the cross comes in?

Purpose

The purpose of this drill is to encourage players to create space for themselves to put a cross into the box that the striker can attack.

Set up

- 7 x 15 yard Channel
- 1 goal
- 2 defenders (1 central defender, 1 fullback)
- 2 attackers (1 wide player, 1 striker)
- 5 soccer balls

Intermediate