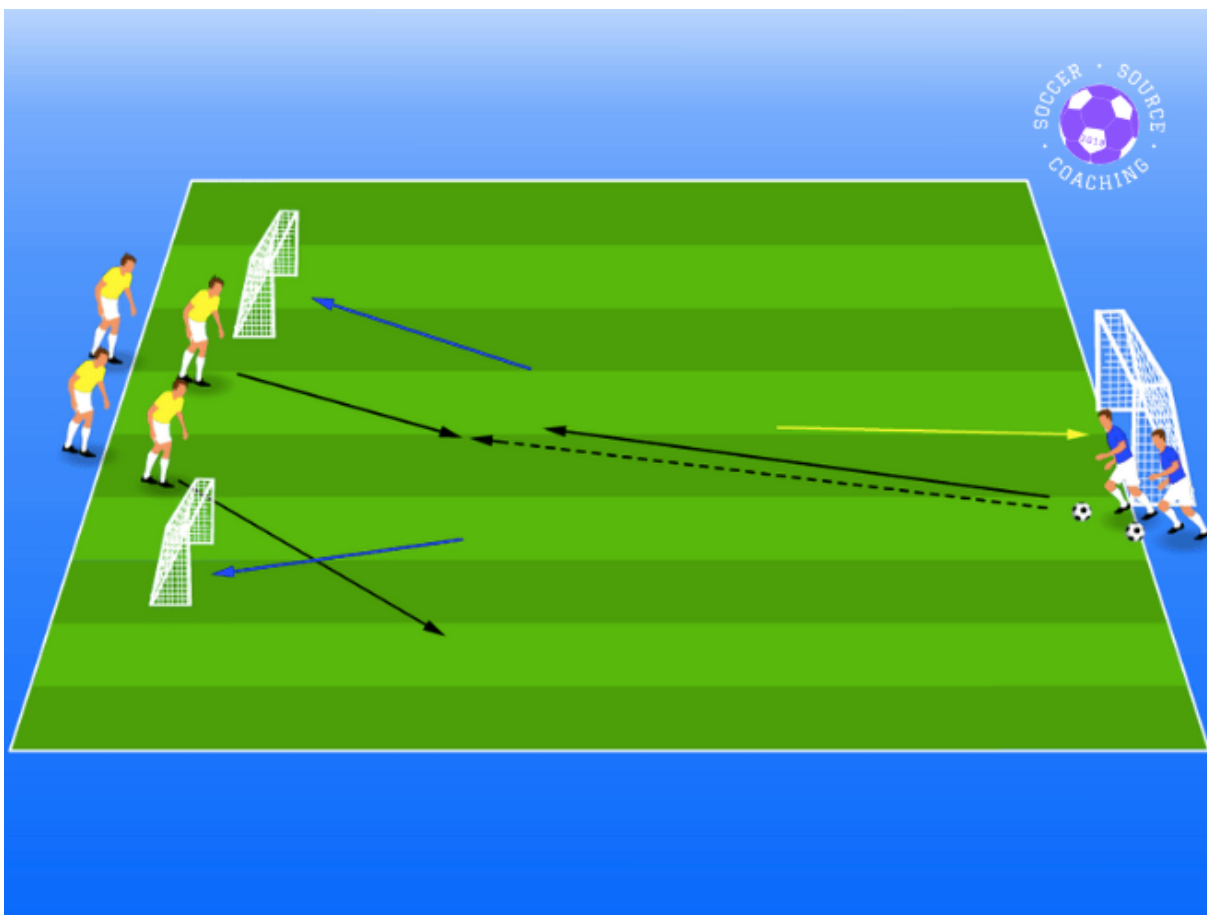


Basic 2v1 attacking drill



How it works

Create your area and set up a goal in the middle of the 15-yard line.

On the opposite line place 2 smaller goals in the corners. The defenders will line up next to the large goal and pass the ball to the attackers who are waiting for the opposite.

Once the pass has been played the defender can pressure the attackers.

The attackers must work together to try and score in the large goal, if they score they will get one point. However, if the defender wins the ball back they can score the 2 smaller goals and get 1 point.

As soon as the phase of play ends the next attackers and defenders can go.

Purpose

This is an introduction to how you work together as a pair to score a goal, the pressure is not that high but it still allows players to be successful and also learn from their mistakes.

Set up

- Create a 15x20-yard area
- 1 large goal and 2 smaller goals
- 1 soccer ball per 3 players.

Coaching points

- Create an option for your teammate out wide and in space
- If you have the ball drive into the space
- If you have the ball play a pass in front of your teammate

Questions

- Where can you go to be an option for your teammate?
- If you have the ball and see space in front of you what can you do?
- When you pass to your team where should the pass be?

Intermediate