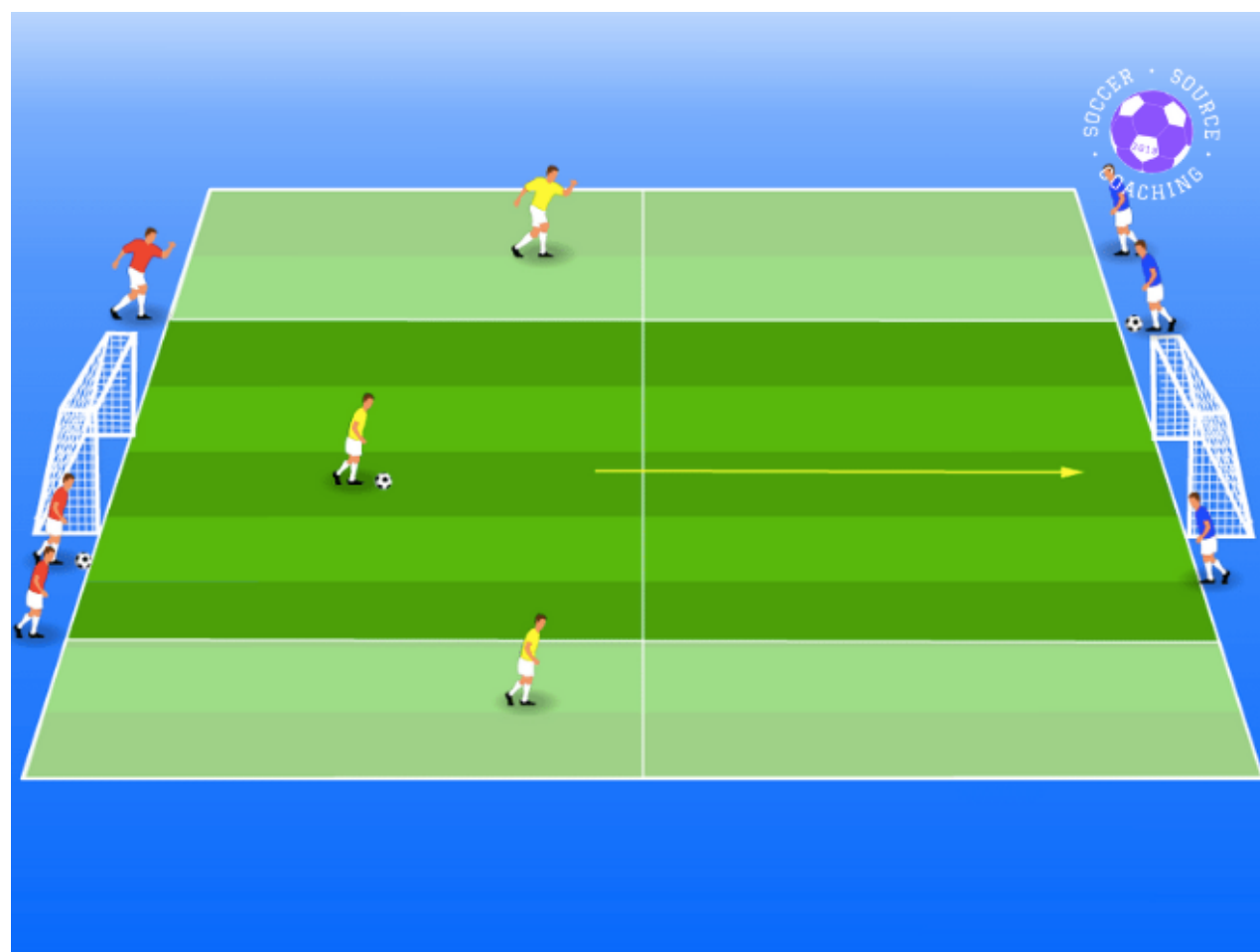


Crossing and finishing 3v3 Drill



How it works

The drill will begin with one attacking team combining passes and scoring the goal opposite them, as soon as that goal is scored (or if the ball goes out of bounds) they will become defenders with the next team attacking trying to score a goal.

The attacking team will get a bonus point for each rule they score by.

If they score a goal where the assist came from a channel that will be 1 point.

If they score a goal where the finish was a first-time finish that will be 1 point.

The defenders can score 1 point if they win the ball back and score in the opposite goal to the attackers.

Coaching points

- Attack quickly to prevent the defending team from organizing themselves
- To be able to play quick scan the area before you receive the ball so decisions can be made quicker
- If you do not have the ball think about what forward runs you make to support the player on the ball.

Purpose

The purpose of this drill is to encourage players to score from wide areas of the pitch and quickly exploit space

Set up

- 10 x 15-yard area with two 2.5 yard channels
- 2 goals
- 3 teams of 3
- 1 soccer ball per team

Questions

- Should you attack fast or slow? Why?
- What should you do before you receive the ball so you can make decisions as quickly as possible?
- If you don't have the ball what type of runs can you make?

Advanced