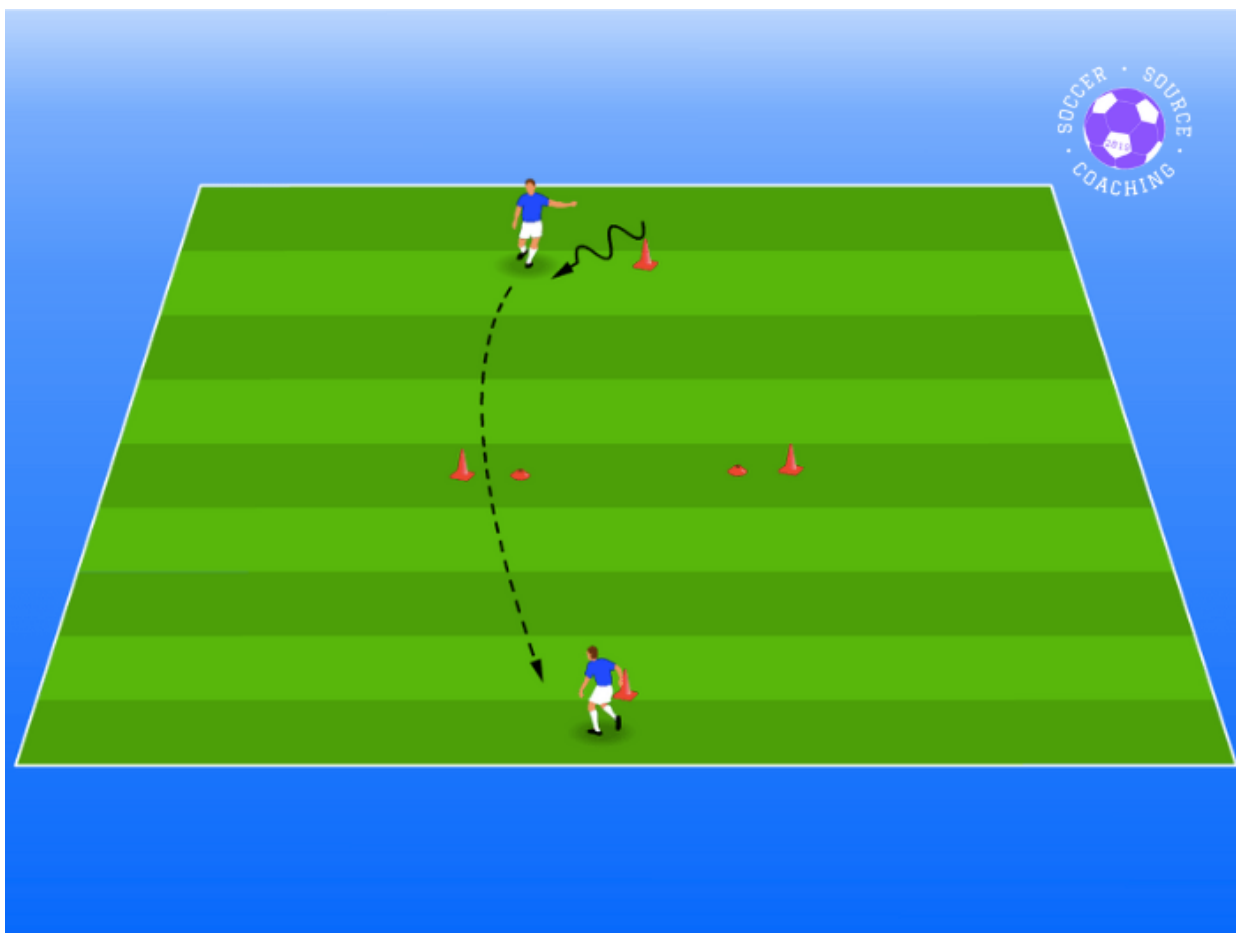


Shooting accuracy drill



How it works

The players should be able to take shots on goal, with their partner being able to collect the ball on the other side of the goal.

If a player can take a shot and score a goal between the gates the goal will be worth 3 points.

However, if they score a goal with the ball not going through the gates it will be 1 point.
0 points if they miss.

Encourage players to dribble up the cone and take a touch to the side before shooting and use different shooting techniques with both feet

Coaching points

- Use both feet when shooting
- Lean forward when taking your shot to keep the ball low.
- Practice using different parts of the foot when shooting and finishing

Purpose

The purpose of this drill is to get a lot of shooting repetition in using different techniques

Set up

- 1 soccer ball per pair
- 4 large cones
- 2 smaller cones
- 2 players per goal

Beginner

Questions

- Do you get better at shooting just by using one foot?
- How can I keep my shot low when shooting?
- What different parts of the foot can I use to take shots on goal?