

# 2v2 Possession square



## How it works

The aim of this possession soccer drill is to maintain possession of the ball in the 7x7 yard area.

You can score this in a couple of different ways.

The first way you can see which team gets the most consecutive passes, the team that does this will be the winner at the end of 3 minutes.

Or at the end of 3 minutes, the team that has possession of the ball will be the winner.

If you have more than 1 square you can introduce a ladder system where the winning team moves up a square and the losing team moves down.

## Coaching points

- The first touch should be towards the space and away from the pressure
- Create space for yourself by moving
- Communicate with your teammate to help them make better decisions on and off the ball

## Questions

- Where should your first touch take you?
- How can you create space for yourself?
- How can you help your teammate make better decisions on/off the ball?

## Purpose

The purpose of this soccer drill is to retain possession in a small area. As there are only 2 players in the square players are constantly moving to create options to receive a pass.

## Set up

- 7x7 yard area
- 2 teams of 2
- 1 soccer ball

**Intermediate**