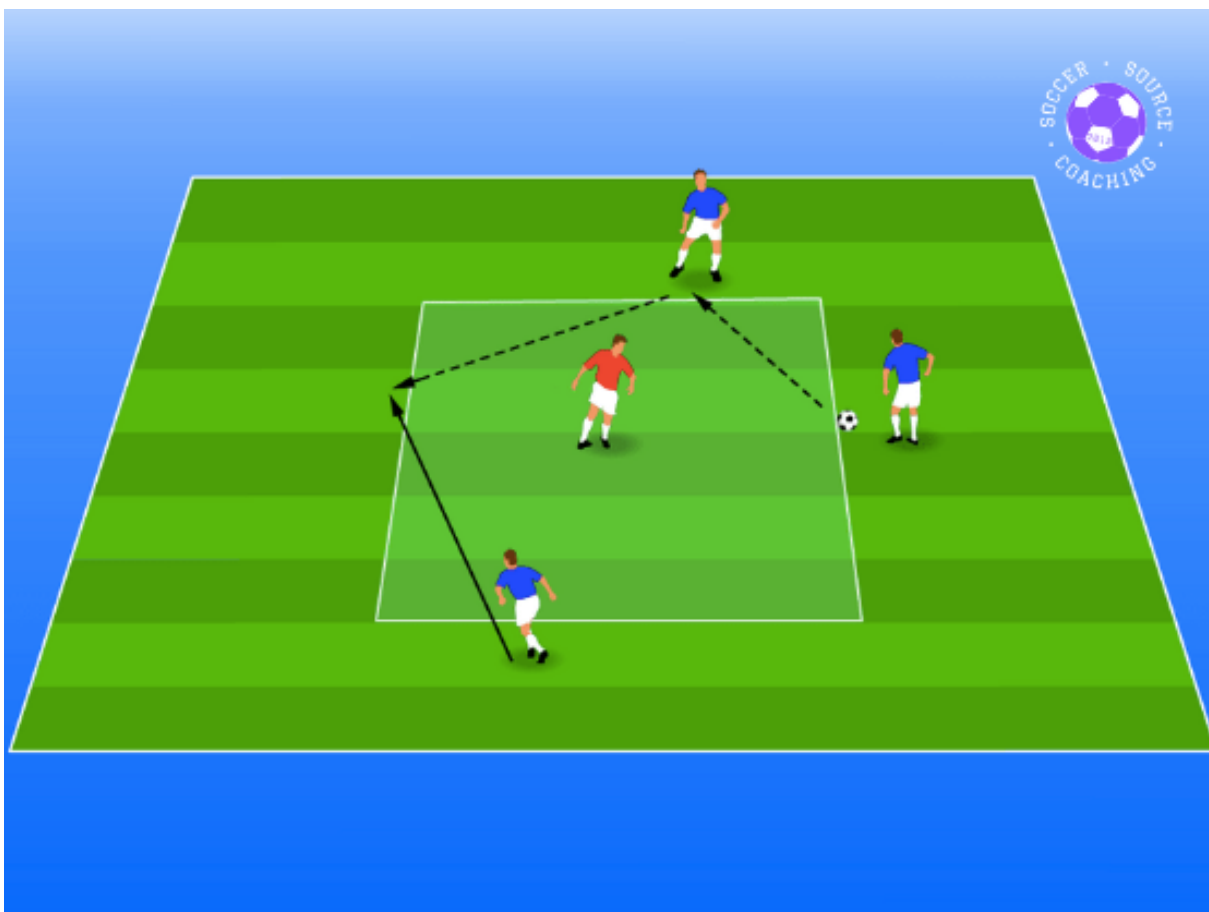


3 Player rondo



How it works

Set up your area and place your 3 attackers on the edge of the square with one always being free.

The attackers must keep possession of the ball and move around the square to help support their teammates.

Every time the attackers get 5 passes it will count as 3 points.

Every time the defender wins the ball they will get 1 point

Coaching points

- Move to support your teammate on the ball by creating angles
- Communicate with teammates
- Head up before receiving

Questions

- How can you support your teammates off the ball?
- What else can you do to ensure passing is more accurate?
- What should you be doing before you receive a pass?

Purpose

The purpose of this passing soccer drill is to get players thinking about how they can support their teammates on the ball.

Set up

- Create a 5 x 5-yard box
- 1 ball
- 3 attackers 1 defender

Intermediate