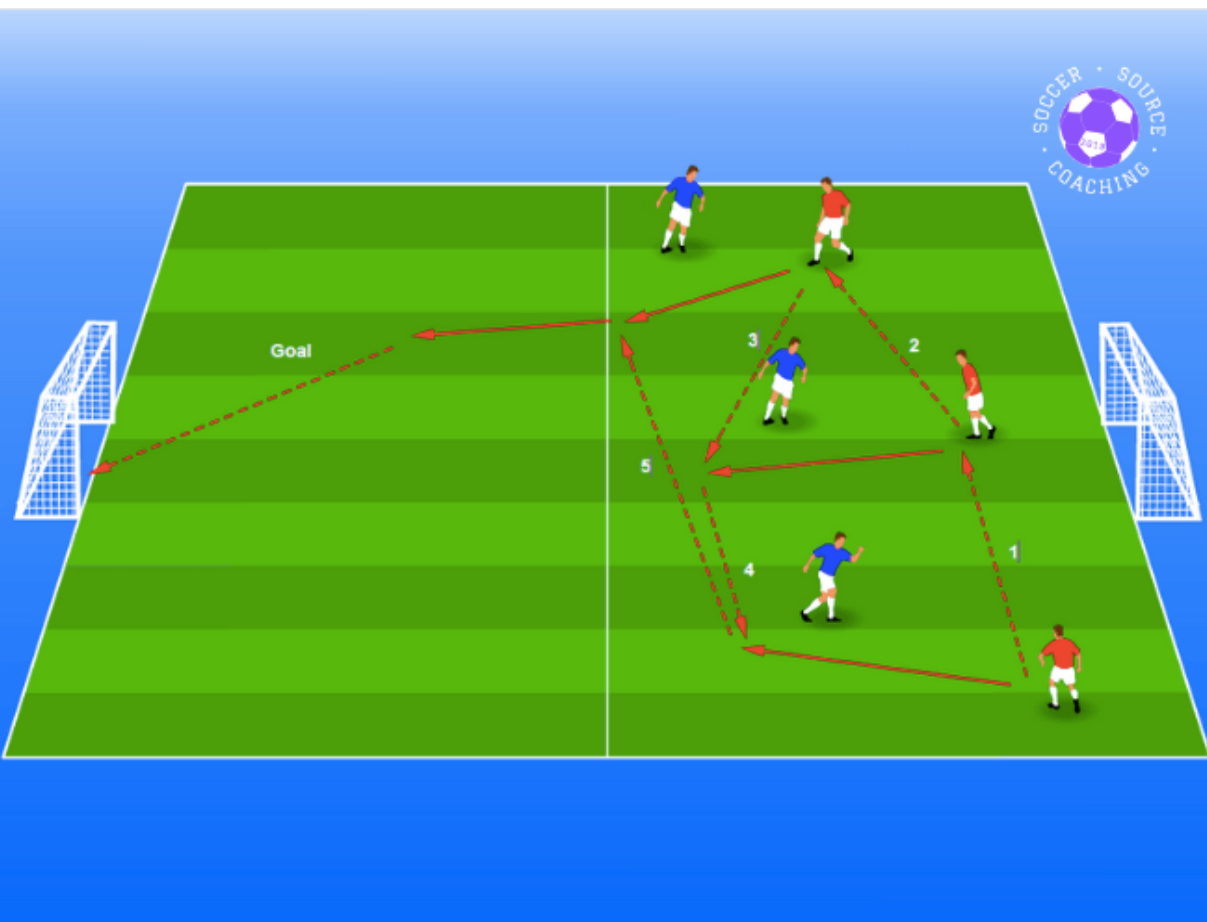


3v3 Small-sided possession game



How it works

Set up your area divide in half with 2 goals set up like a normal game.

If a team is able to complete 5 passes in their own half, or score a goal separately they will get 1 point.

However, if the team can combine 5 passes and score a goal they will get 3 points.

The team with the most points will be the winner

Coaching points

- Receive the ball in a side-on-body position so you can see the whole area
- Try to create passing triangles
- Help support your teammate on the ball by moving into spaces and areas where you could receive the ball.

Purpose

The purpose of this soccer drill is to help players keep possession of the ball when they are in their own half, either being pressured by an opposing team's press or when looking to play out from the back.

Set up

- 25 x 40-yard area divided in half
- 2 goals
- 2 teams of 3

Advanced

Questions

- What is the best position to receive the ball in so you can see everything?
- What shape can you create so the player on the ball will always have 2 options?
- How can you help support your teammate on the ball?