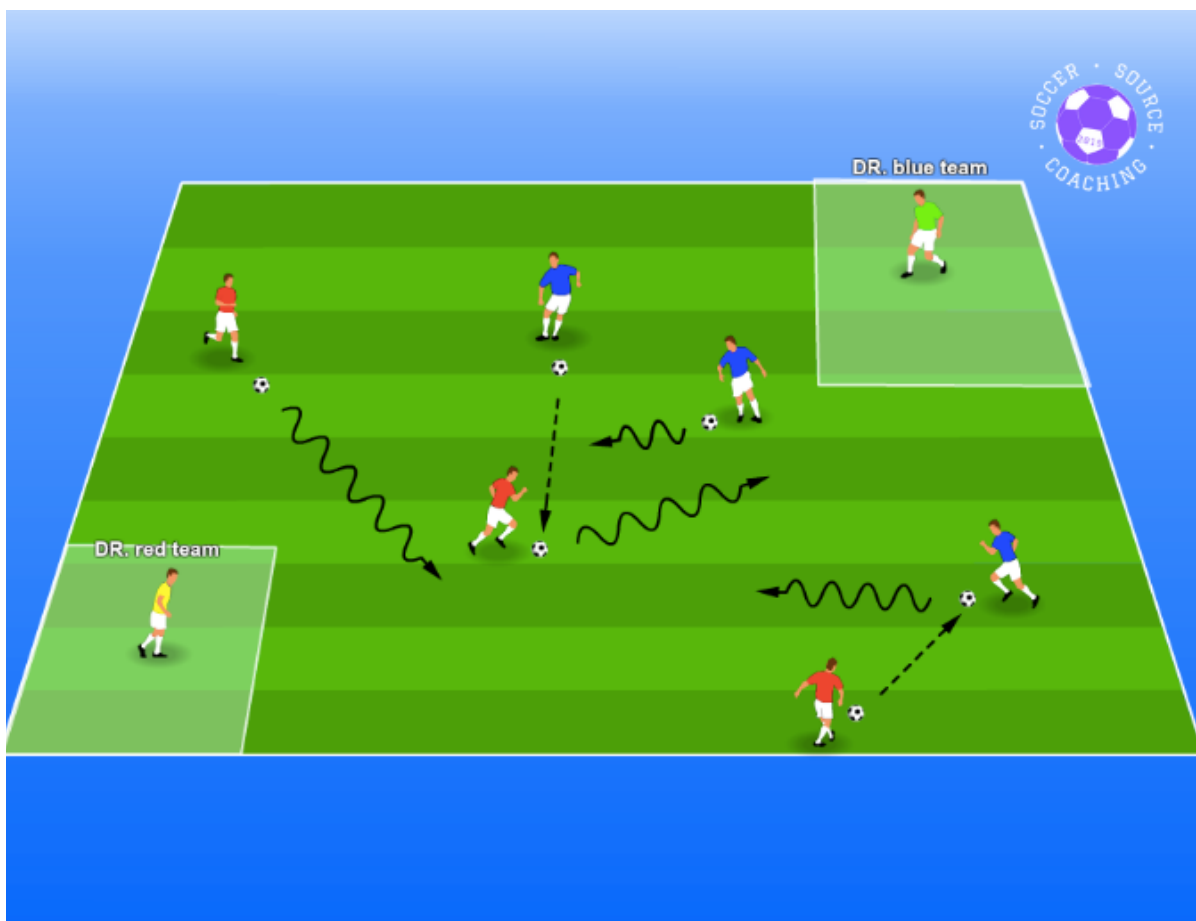


Doctor Doctor



How it works

Once you have set up your area divide your players into 2 teams with 1 doctor on each team.

The doctors' hospital will be the 2 smaller areas in opposite corners (they do not need a soccer ball). The doctors do not need a soccer ball. This is the doctors' safe zone, the doctor cannot get hit with a ball in this area.

All the other players on the 2 separate teams will have a soccer ball. When someone is hit with a soccer ball below the knee that player will kneel and call for the doctor, the doctor will run out of the area and tag them so they can carry on playing again.

The winner will be decided either when the whole of one team is down or if the doctor is hit below the knee while they are out of their area.

Coaching points

- Small touches to keep the soccer ball close to you
- Change direction and speed to get away from the other team
- Pass using the inside of your foot.

Questions

- What kind of touches should you take to keep the ball close to you?
- How can you make it hard for the other team to get you out?
- What part of the foot should you try and use to pass the ball?

Purpose

The purpose of this soccer game it help improve a players' turning and dribbling skills

Set up

- 10 x 10-yard area with 2 smaller 2 x 2-yard areas in opposite corners
- 1 ball per soccer player
- 2 different colored pinnies (enough for both teams)

Advanced