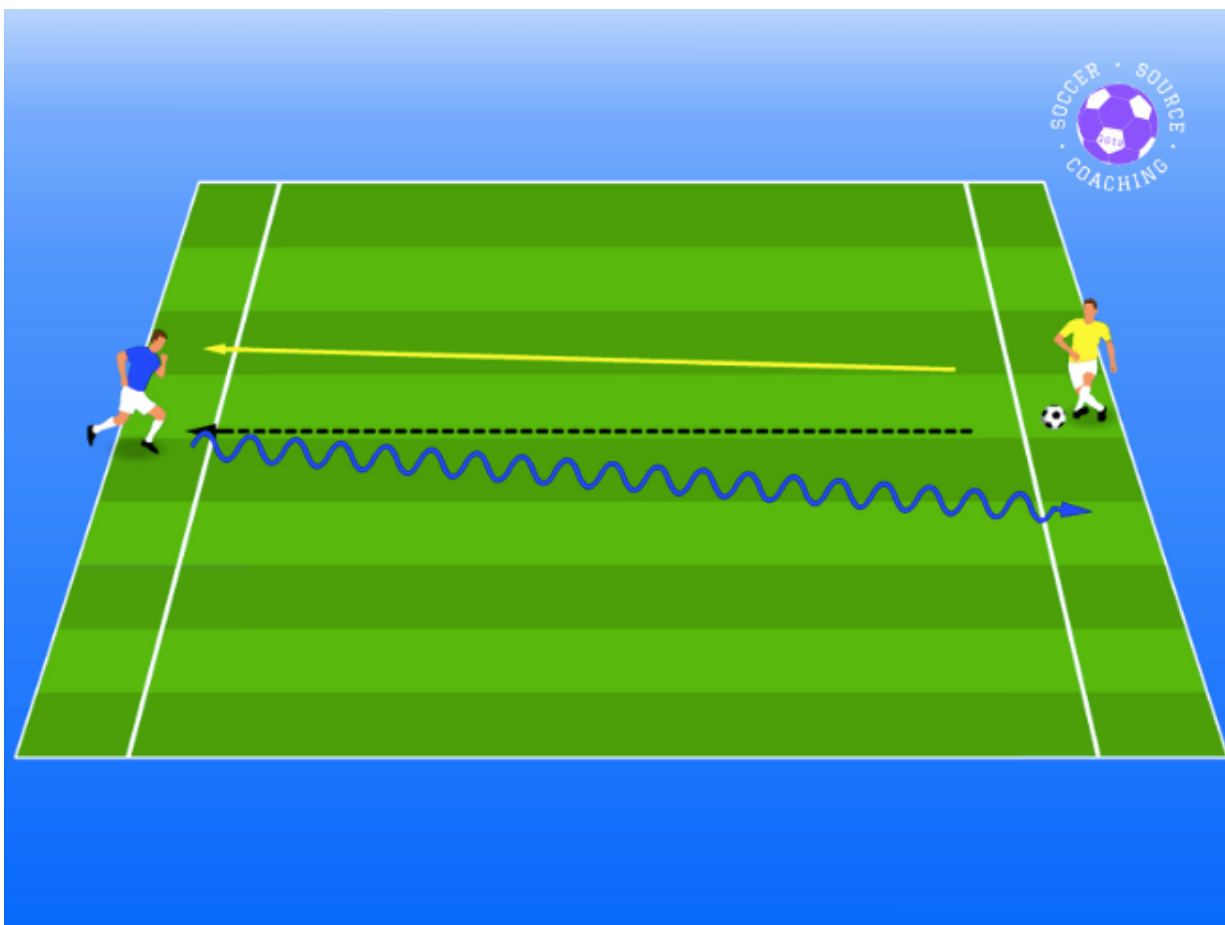


# Get to the end-zone



## How it works

The defender will start with the ball and pass the ball to the attacker.

As soon as the pass is played the defender can pressure the attacker.

The attacker must try and dribble past the defender and stop the ball in the endzone.

If they manage this they will get 3 points, however, every time they dribble through the endzone without stopping the ball they will get 1 point.

If the defender is able to steal the ball and stop it in the attacker's end zone they will get 1 point.

The players will rotate roles when a point is scored or when the ball goes out of bounds.

## Coaching points

- Use skills and body feints to try and get past the defender
- Combine your skills and body feints with a change of speed and direction
- Take smaller touches to keep the soccer ball close to you

## Questions

- What can you use to try and get past the defender?
- What else can you try to help beat the defenders?
- How can you keep the ball close to you?

## Purpose

The purpose of this 1v1 game is to help players attack the defender and use deceleration to stop the ball.

## Set up

- 10 x 7-yard area with 2, 1-yard end zones
- 1 soccer ball per pair

Intermediate